



Teaching Social Skills and Creating Successful Elementary Students by Following Instructions and Listening

SKILL TO TEACH	Following Instructions and Listening <i>This lesson has several options for practice. You can choose the practice options you want or do several and split the lesson over several days, if desired.</i>
AGE/GRADE	Early Elementary
OBJECTIVES	- Students will learn the steps of Following Instructions and Listening - Students will demonstrate self-control, listen, and follow instructions - Students will identify basic shapes and colors (House) - Students will identify numbers (Spring & Thanksgiving) - Students will differentiate between right and left (Winter)
MATERIALS NEEDED	- Skills poster or skill steps for Listening and Following Instructions - Large space to play the games - Classroom set of coloring page and basic colors - One copy of teacher instructions for the coloring page - File folders for creating study carrels
DISCUSSION	Introduce the skills of Following Instructions and Listening - Ask students for examples within their day that they need to listen and follow instructions (at school, home, with friends, at church, extracurricular activities) Teach the skill of Listening - Look at the person. - Wait quietly while the person is talking. - Do something to let the other person know you're listening. Teach the skill of Following Instructions - Look at the person. - Say (or think) 'Okay'. - Do it right away.
PRACTICE ACTIVITIES	Tell students they will play some fun games to practice the skills of Listening and Following Instructions. Here are several options to practice: SIMON SAYS: Have the students spread out. You are the leader, Simon. Explain the rules and that they must listen closely and only follow the instructions when "Simon says". FOLLOW THE LEADER: Have students take turns being the leader, doing a physical motion at the front of the room while the other students copy and follow along. After a movement or two, you call on another student to have a turn being the leader. Make sure to review how to wait for your turn and what to do when you're told your turn is over.

Asking Permission

PRACTICE ACTIVITIES (continued)

- **RED LIGHT, GREEN LIGHT:** Have the students line up at one end of the room. You stand at the other end. Tell the students the expectations. When you say, “green light,” they will walk toward you. (Be sure and demonstrate the expectation for walking.) When you say, “red light,” they will stop. The first student to get close enough to you to give you a high five is now the teacher and gets to call red light, green light. During the game, be sure the students are walking and stopping when you say to. Send the students back to the beginning if they do not follow the instructions.

Listening and Following Instructions Coloring Pages

*Note: Before completing the **House Coloring** activity, students need prior knowledge of basic colors and shapes. To be successful on the **Spring-themed** activity, students need to know their numbers. The **Thanksgiving-themed** activity requires knowledge of their teen numbers, and the **Winter-themed** activity uses left and right directions.*

- Each student needs a copy of the corresponding coloring page and a file folder to create a study carrel. Each student needs access to the basic colors of markers or crayons.
Note: For the Thanksgiving sheet, they need a light brown in addition to a dark brown.
- Tell the students they will practice **Listening and Following Instructions**. Review the skill steps. Inform the students that you will call out the instructions twice altogether. Say the instruction. Wait a few seconds and monitor. Then say it again. Tell the students you will know what a good job they’re doing listening and following instructions because you’ll see them quietly coloring using the color you said. If there is extra time after they are done writing, you may want to allow them to add extra decorations to their picture to keep students occupied while they wait.

ASSESSMENT

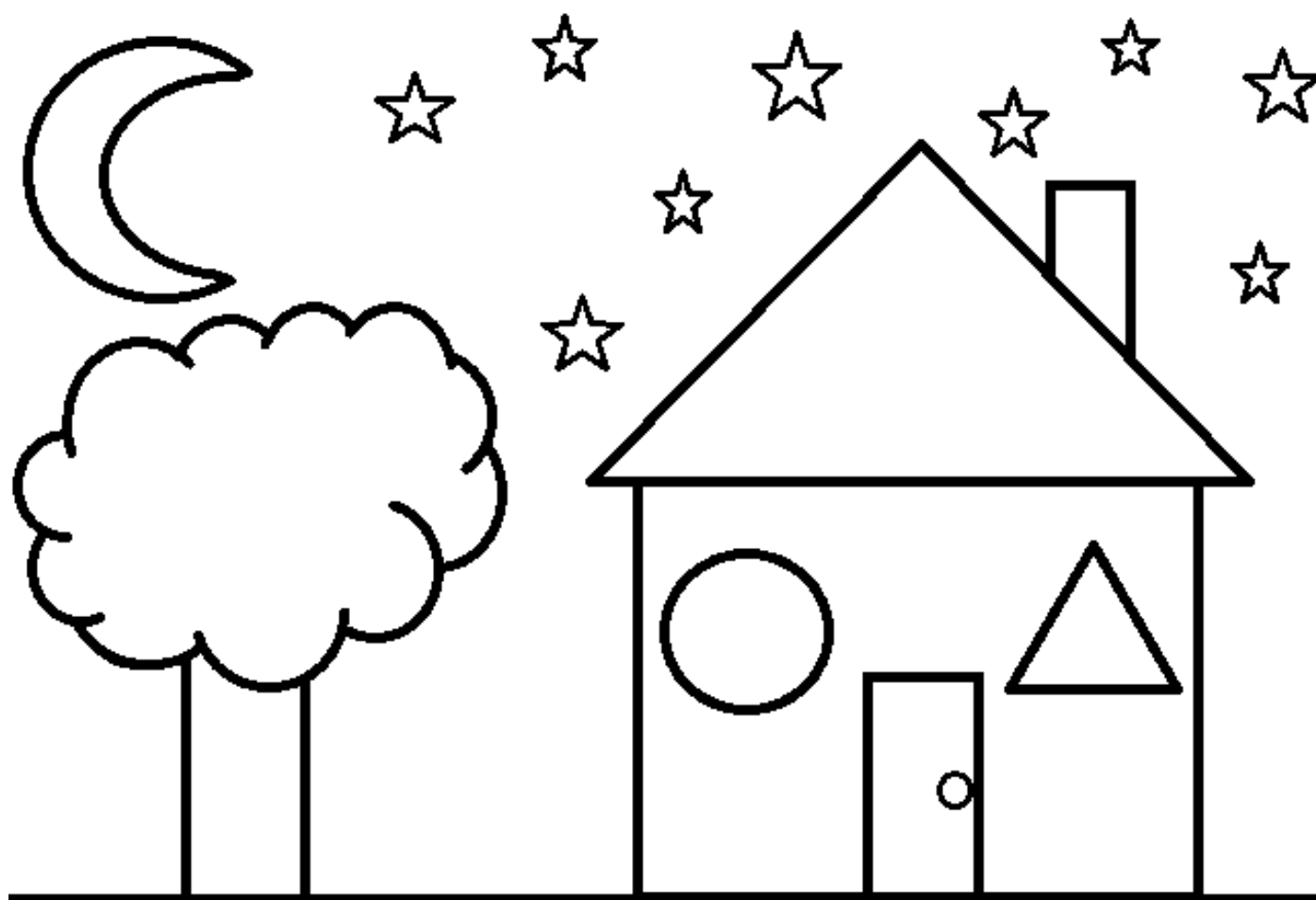
Informally assess students’ participation during the games and coloring activity. Grade the coloring paper according to your classroom procedure.

NAME: _____

DATE: _____

Listening and Following Instructions

House Coloring Page



Listening and Following Instructions

House Coloring Page

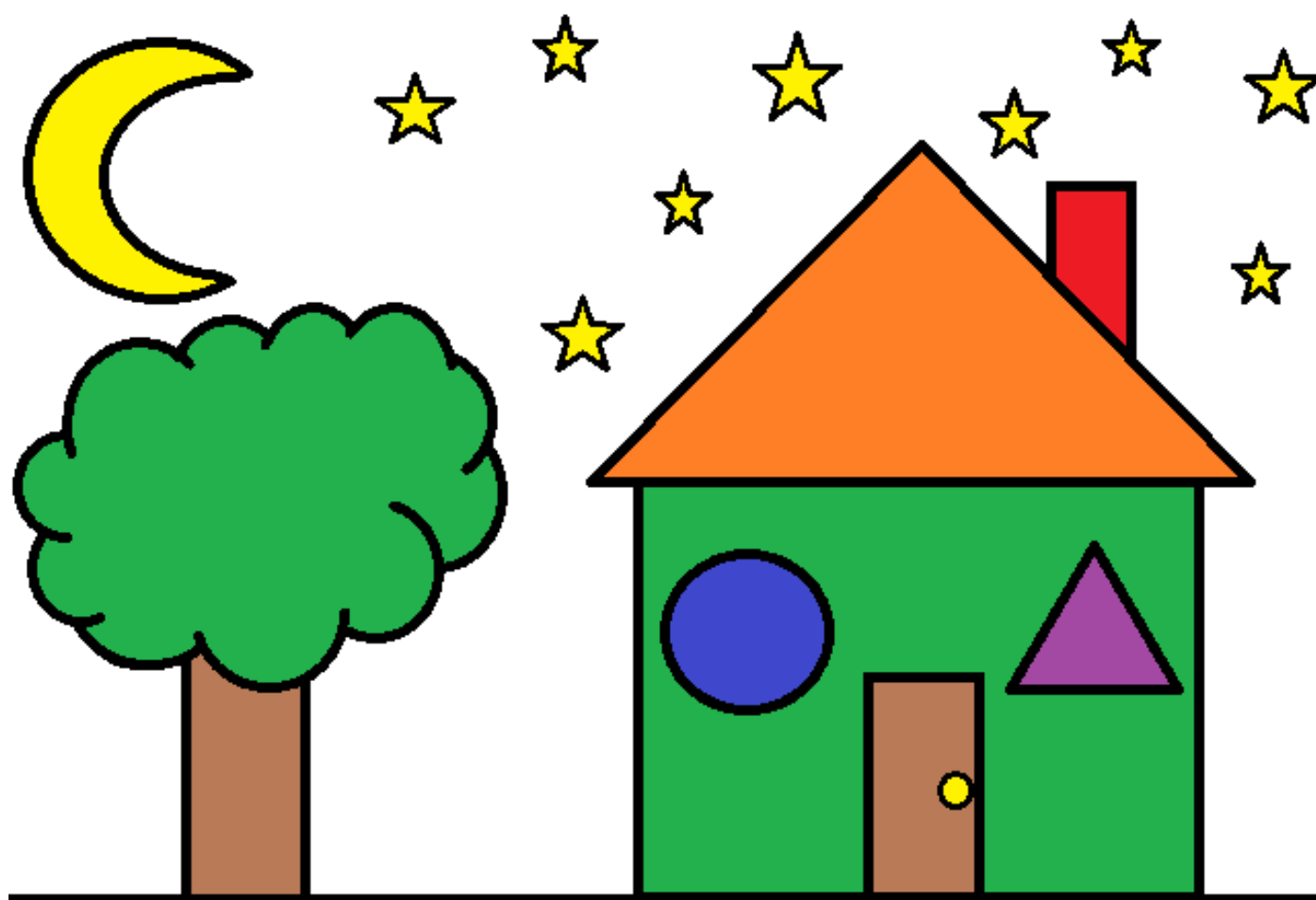
Each student needs a copy of the corresponding coloring page and a file folder to create a “study carrel.” Each student needs access to the basic colors used below. Tell the students they will practice **Listening and Following Instructions**. Review the skill steps. Inform the students that you will call out the instructions twice altogether. Say the instruction. Wait a few seconds and monitor. Then say it again. Tell the students you will know what a good job they’re doing listening and following instructions because you’ll see them quietly coloring using the color you said.

1. Write your name on the name line.
2. Write today’s date on the line. *(optional)*
3. Color the square house green.
4. Color the stars yellow.
5. Color the triangle window purple.
6. Color the largest triangle orange.
7. Color the crescent moon yellow.
8. Color the rectangle that is the tree trunk brown.
9. Color the smallest circle yellow.
10. Color the skinny rectangle on the roof red.
11. Color the puffy cloud shape on top of the tree green.
12. Color the rectangle that is the door brown.

Now tell students to write a (few) sentence(s) describing their home on the lines at the bottom of the page. Include any other particular language arts expectations that you have (about spelling, etc.). If there is extra time after they are done writing, you may want to allow them to add extra decorations to their picture to keep students occupied while they wait.

Listening and Following Instructions

House Coloring Page



Listening and Following Instructions

Spring Coloring Page



Listening and Following Instructions

Spring Coloring Page

Each student needs a copy of the corresponding coloring page and a file folder to create a “study carrel.” Each student needs access to the basic colors used below. Tell the students they will practice **Listening and Following Instructions**. Review the skill steps. Inform the students that you will call out the instructions twice altogether. Say the instruction. Wait a few seconds and monitor. Then say it again. Tell the students you will know what a good job they’re doing listening and following instructions because you’ll see them quietly coloring using the color you said.

1. Write your name on the name line.
2. Write today’s date on the line. (*optional*)
3. Color all number 4s green. (There are 5 spaces.)
4. Color all number 2s yellow. (There are 4 spaces.)
5. Color all number 5s orange. (There are 3 spaces.)
6. Color all the number 1s red. (There is 1 space.)
7. Color all number 6s purple. (There are 3 spaces.)
8. Color all number 3s blue. (There are 2 spaces.)

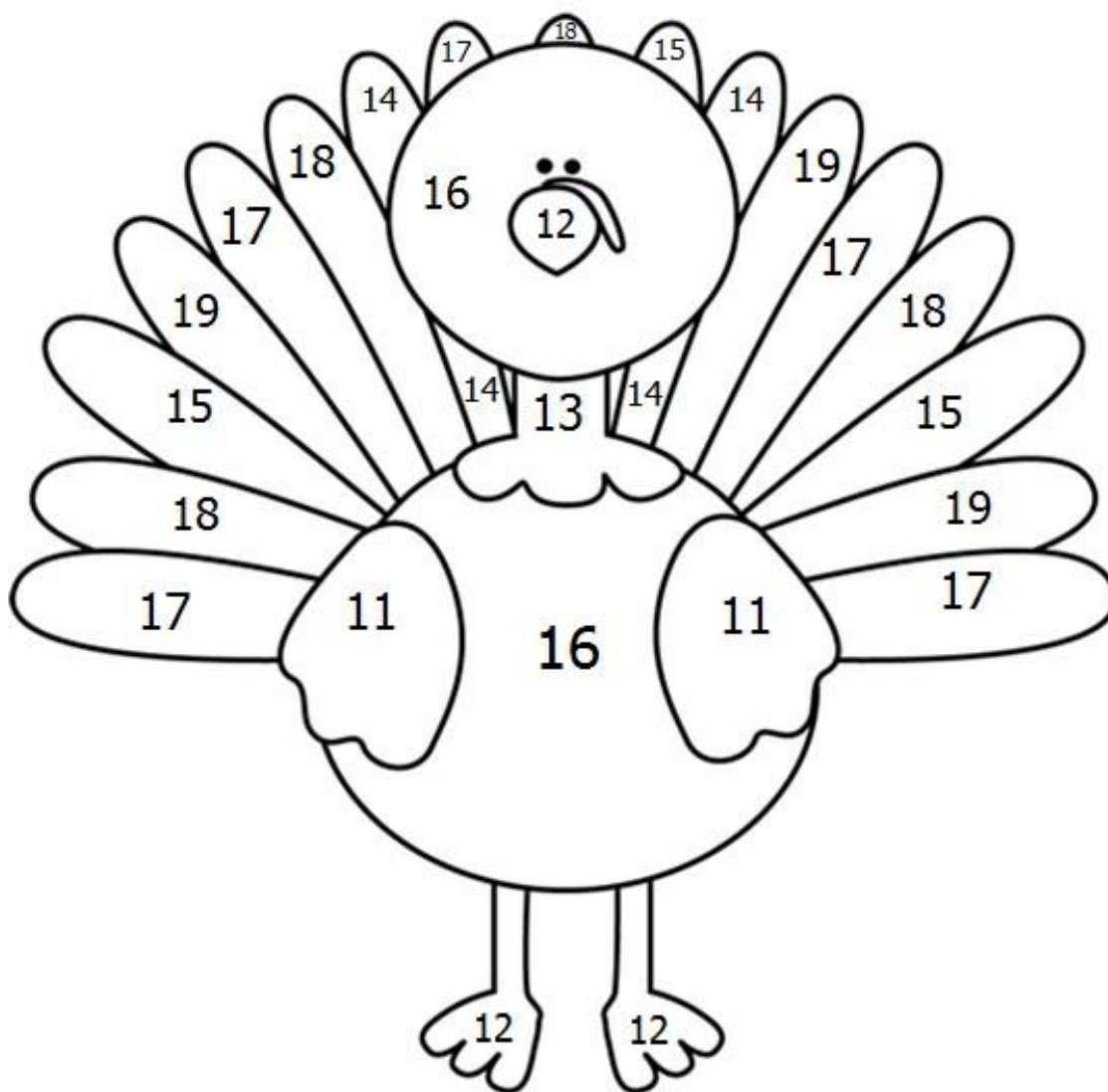
Now tell students to write a (few) sentence(s) about their favorite things about Spring on the lines at the bottom of the page. Include any other particular language arts expectations that you have (about spelling, etc.). If there is extra time after they are done writing, you may want to allow them to add extra decorations to their picture to keep students occupied while they wait.

NAME: _____

DATE: _____

Listening and Following Instructions

Thanksgiving Coloring Page



Listening and Following Instructions

Thanksgiving Coloring Page

Each student needs a copy of the corresponding coloring page and a file folder to create a “study carrel.” Each student needs access to the basic colors used below. *Note: They need a light brown in addition to a dark brown.* Tell the students they will practice **Listening and Following Instructions**. Review the skill steps. Inform the students that you will call out the instructions twice altogether. Say the instruction. Wait a few seconds and monitor. Then say it again. Tell the students you will know what a good job they’re doing listening and following instructions because you’ll see them quietly coloring using the color you said.

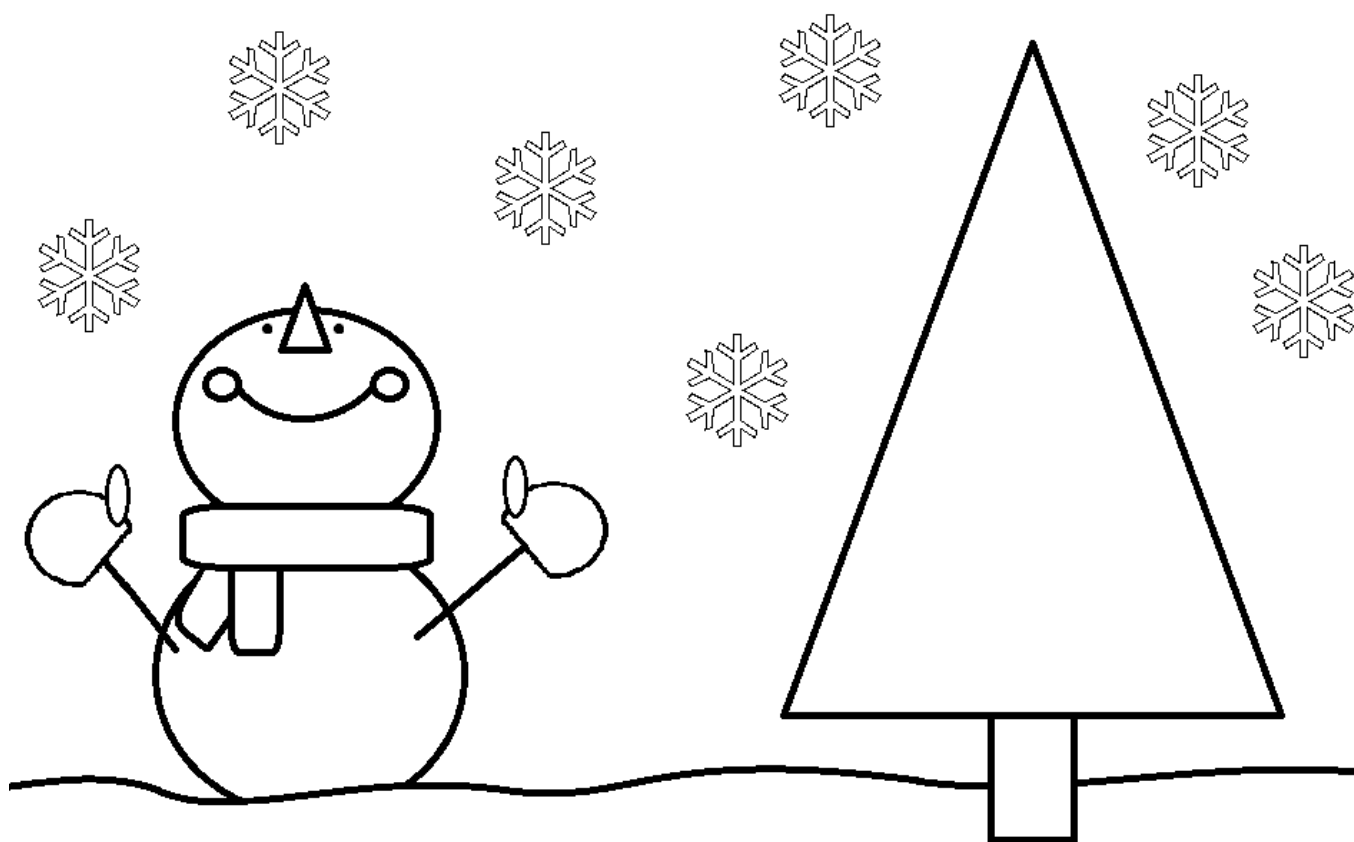
1. Write your name on the name line.
2. Write today’s date on the line. (*optional*)
3. Color all number 16s dark brown. (There are 2 spaces.)
4. Color all number 12s yellow. (There are 3 spaces.)
5. Color all number 11s light brown. (There are 2 spaces.)
6. Color all the number 13s red. (There is 1 space.)
7. Color all number 14s purple. (There are 4 spaces.)
8. Color all number 18s green. (There are 4 spaces.)
9. Color all number 15s blue. (There are 3 spaces.)
10. Color all number 17s pink. (There are 5 spaces.)
11. Color all number 19s orange. (There are 4 spaces.)
12. Lastly, there is a waddle—the white space above the turkey’s beak. It is too small to have a number. Color it red.

Now tell students to write a (few) sentence(s) about Thanksgiving on the lines at the bottom of the page. Include any other particular language arts expectations that you have (about spelling, etc.). If there is extra time after they are done writing, you may want to allow them to add extra decorations to their picture to keep students occupied while they wait.

NAME: _____ DATE: _____

Listening and Following Instructions

Winter Coloring Page



Listening and Following Instructions

Winter Coloring Page

Each student needs a copy of the corresponding coloring page and a file folder to create a “study carrel.” Each student needs access to the basic colors used below. Tell the students they will practice **Listening and Following Instructions**. Review the skill steps. Inform the students that you will call out the instructions twice altogether. Say the instruction. Wait a few seconds and monitor. Then say it again. Tell the students you will know what a good job they’re doing listening and following instructions because you’ll see them quietly coloring using the color you said.

1. Write your name on the name line.
2. Write today’s date on the line. *(optional)*
3. Color the small triangle orange.
4. Color the large rectangle that is the scarf purple.
5. Color the semicircle and oval that are the left mitten red.
6. Color the largest triangle green.
7. Color the two small circles pink.
8. Color a yellow sun in the upper left corner.
9. Color the left rectangle that is the scarf tail orange.
10. Color the rectangle that is the tree trunk brown.
11. Color the semicircle and oval that are the right mitten orange.
12. Color the right rectangle that is the scarf tail red.

Now tell students to write a (few) sentence(s) about their favorite things about Winter on the lines at the bottom of the page. Include any other particular language arts expectations that you have (about spelling, etc.). If there is extra time after they are done writing, you may want to allow them to add extra decorations to their picture to keep students occupied while they wait.

Listening and Following Instructions

Winter Coloring Page

