

Lesson 15

Disagreeing Appropriately/Resolving Conflicts

SUGGESTED MATERIALS	<ul style="list-style-type: none"> ■ N/A
LESSON OBJECTIVES	<ul style="list-style-type: none"> ■ Recognize how to disagree appropriately in a variety of situations and settings. ■ Demonstrate the skill of Disagreeing Appropriately in school, at home and in other environments. ■ Explore prior knowledge of disagreeing appropriately within the school environment. ■ Analyze community-based situations to identify where, when and with whom the skill of Disagreeing Appropriately may be used. ■ Evaluate how the skill of Disagreeing Appropriately might apply to various jobs or areas of interest.
ESSENTIAL QUESTIONS	<ul style="list-style-type: none"> ✓ <i>Is it okay to disagree with someone?</i> ✓ <i>How can you prevent a disagreement from damaging friendships or turning into a fight?</i> ✓ <i>When people treat each other disrespectfully, is it easier or harder to come to work through a disagreement?</i> ✓ <i>What words can you use to disagree respectfully?</i> ✓ <i>When you disagree with others, how do you expect them to respond? Is it reasonable?</i> ✓ <i>How can you stay calm in a disagreement?</i>
LESSON ACTIVITIES AND ASSESSMENTS	<ul style="list-style-type: none"> ■ Role-play additional scenarios (see Appendix) that allow students to practice using different words/phrases and tones of voice. ■ Write in <i>SEL Journals</i> describing the use of the skill Disagreeing Appropriately and how they Resolve Conflicts. ■ Provide students with an opportunity to teach the skill to their peers from other classes or students from a lower grade. ■ THINK-PAIR-SHARE. Practice saying the word, “Okay,” using different voice tones or attitudes, and then practice saying the word, “Sorry,” using different voice tones or attitudes. Ask students: <i>Can you hear how the meaning of the words can change depending on how they are said?</i> ■ Ask students to write or draw about a time when they resolved a conflict. Have them share their example with a partner.

★ SKILL STEPS

Disagreeing Appropriately

1. Look at the person.
2. Use a pleasant voice.
3. Say, “I understand how you feel” or “I hear what you are saying.”
4. Respectfully tell why you feel differently.
5. Give a reason.
6. Listen to the other person.



REASONS

- *You are more likely to be heard.*
- *Your point of view is more likely considered/heard.*
- *People may view you as more mature.*
- *Others may be more willing to negotiate.*

+ SKILL EXTENSION:
Resolving Conflicts

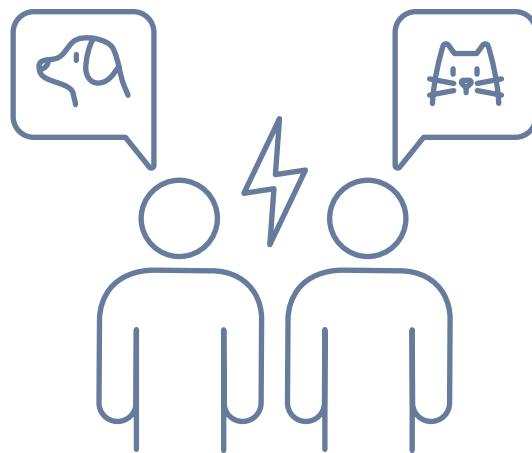
Lesson 15 — Weekly Activities

Disagreeing Appropriately/Resolving Conflicts

MONDAY	<ul style="list-style-type: none"> ■ Discuss common disagreements that come up at school. ■ Invite students to identify words and actions that are inappropriate or unhelpful when disagreeing with someone. Then have them identify words and actions that are helpful. ■ Name the skill, identify the steps and provide reasons to use it. ■ Model or demonstrate the skill. ■ Practice the skill independently or use role-play scenarios (<i>see Appendix</i>).
TUESDAY	<ul style="list-style-type: none"> ■ Review the steps of the skill as well as the reasons for using it. ▶ Watch a video such as <i>Disagreeing Respectfully</i> (9:00) www.youtube.com/watch?v=dVlqlyjO120. ■ Share examples you've seen in the classroom. ■ Identify people, areas and/or situations where students might use the skill at school. ■ Discuss and brainstorm answers to the following questions: <i>What are examples of "blaming" words? How can you check your tone of voice? What tone is respectful? What tone is disrespectful?</i>
WEDNESDAY	<ul style="list-style-type: none"> ■ Review the steps of the skill as well as the reasons for using it. ■ Share examples you've witnessed around school of students using the skill. ■ Identify people, areas and/or situations where students might use the skill at home or with other adults. ▶ Watch a video such as the <i>5 Ways to Respectfully Disagree-How to Disagree Politely</i> (3:22) www.youtube.com/watch?v=Y6EPw2FOEZA.
THURSDAY	<ul style="list-style-type: none"> ■ Review the steps of the skill as well as the reasons for using it. ■ Students share examples of how they have used the skill at home or with other adults/peers. ■ Identify people, areas and/or situations (store, restaurant, etc.) where students might use the skill in the community. ■ Extend the learning by introducing the skill of Resolving Conflicts and its behavioral steps. Explain how this skill complements the skill of Disagreeing Appropriately and how both skills can be used in school, at home and in the community. <ol style="list-style-type: none"> 1. <i>Take a deep breath and remain calm.</i> 2. <i>Listen to the other person's point of view.</i> 3. <i>Explain why you feel differently in a calm, clear voice and share your reasons.</i> 4. <i>Be flexible and willing to compromise.</i> 5. <i>Listen and discuss the situation until you find a solution.</i> 6. <i>If you are unable to reach an agreement, thank the person for trying to work with you.</i>
FRIDAY	<ul style="list-style-type: none"> ■ Review the steps of the skill as well as the reasons for using it. ■ Share examples of how students have or can use the skill in their community. ▶ Watch a video such as <i>Kid President How to Disagree video</i> (4:19) www.youtube.com/watch?v=dG5fkAgJmqc. ■ Engage students in a discussion about how using the skill has helped them, or in what situations it was difficult. ■ Encourage students to think about how the skill might be used in a future job/career, hobby or other area of interest.

Disagreeing Appropriately

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2. Use a pleasant voice.
3. Say, “I understand how you feel” or “I hear what you are saying.”
4. Respectfully tell why you feel differently.
5. Give a reason.
6. Listen to the other person.



Resolving Conflicts

- 1.** Take a deep breath and remain calm.
- 2.** Listen to the other person's point of view.
- 3.** Explain why you feel differently in a calm, clear voice and share your reasons.
- 4.** Be flexible and willing to compromise.
- 5.** Listen and discuss the situation until you find a solution.
- 6.** If you are unable to reach an agreement, thank the person for trying to work with you.





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