

Teaching Social Skills, Creating Successful Students

Asking Permission - Secondary

Skill to Teach	Asking Permission
Age/Grade	Middle/High School
Objectives	<ul style="list-style-type: none"> • Students will learn the steps of Asking Permission • Students will reflect on when, where, and why to use the skill of Asking Permission
Materials Needed	<ul style="list-style-type: none"> • Asking Permission social skill steps or poster • Note pad • Pen or pencil • Reflection worksheet
Discussion	<p>Introduce the skill of Asking Permission</p> <ul style="list-style-type: none"> • Ask students to think about the last time they decided to go somewhere or do something without permission and jot down what happened as a result of not asking permission. • As students share their experiences, have them state if any consequences took place as a result of not asking permission. • Praise them for their honesty and candor. <p>Teach/review the skill of Asking Permission</p> <ul style="list-style-type: none"> • Look at the person • Use a calm and pleasant voice • Say, "May I?" • Accept the answer calmly <p>Reason/Rationale</p> <ul style="list-style-type: none"> • Ask students to generate reasons why it's important to ask permission. • Possible responses may include: Asking permission decreases the likelihood of getting in trouble, asking permission may avoid embarrassing situations, and asking permission demonstrates good judgement and shows sensitivity to others.

<p>Practice</p>	<p>In pairs, have students discuss how they would use the skill of Asking permission in the following scenarios and then practice/roleplay with their partner what it would sound like:</p> <ul style="list-style-type: none"> • You are at a friend’s house, and you see your favorite bag of chips on their counter. You realize you should ask first... what that might that sound like? • You just started a part time job, and you realize you have been scheduled to work during basketball practice. How would you ask your supervisor to change your schedule? • You want to go the football game this Friday night with friends. How would you ask your parents’ permission to take their car to the game? What if they said no? Throughout and after practice, find opportunities to praise students for asking anyone for permission.
<p>Generalization Assignment/ Assessment</p>	<ul style="list-style-type: none"> • Provide a copy of the Asking Permission reflection worksheet to each student. • For the next 24 hours, ask them to record every time they were able to ask someone for permission successfully on the reflection sheet. • They should indicate if it became easier or more difficult as time went on. • The next day, review reflection sheets in a group discussion.

Asking Permission

Directions: For the next 24 hours, record every time you needed to ask someone for permission. Reflect at the bottom of the page how you utilized the skill steps but adjusted some things based on the who you were asking or the type of situation.

I needed to ask permission from:	I was asking permission for:

Reflection: How was asking permission the same/different/adjusted based on the person/situation